

# JEANETTE KONCIKOWSKI, ED.M.

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## **EDUCATION**

- **Certificate, Trauma Counseling** | State University of New York at Buffalo, Amherst, NY, 2007
- **Master of Education, Human Development and Psychology, Gender Studies** | Harvard University, Cambridge, MA, 2001
- **Bachelor of Arts, Psychology, Women's Studies** | State University of New York at Buffalo, Amherst, NY, 2000

## **SKILLS**

Policy Development | Course Development | Mentoring & Supervision | Program Development | Organizational Assessment | Strategic Planning | Event Planning | Relationship Building | Community Organizing | Workforce Training

## **ACADEMIC TEACHING EXPERIENCE**

**Instructor, General Psychology and Developmental Psychology. Fall and Spring Semesters, 2006-2009**  
Trocaire College | Buffalo, NY

**Instructor, Rape Crisis and Recovery. Spring Semester, 2002**  
Tufts University | Medford, MA

**Instructor, Women in Contemporary Society. Spring Semester, 2000**  
State University of New York at Buffalo | Amherst, NY

## **COURSE DEVELOPMENT EXPERIENCE**

**Lead Author, National Resource Parent Trauma Curriculum (Redesign in Progress), 2021+**  
National Child Traumatic Stress Network | University of California at Los Angeles and Duke University

**Workshop Co-Developer, They That Sow in Tears, 2020-2022**  
Grassroots Gardens of Western New York | Buffalo, NY

**Lead Author & Instructional Designer, New York State Office of Children and Family Services Child Protective Services Response Training, 2017-2018**  
State University of New York Buffalo State College | Buffalo, NY

**Lead Author & Instructional Designer, New York State Office of Children and Family Services Common Core Training Program for Child Welfare Workers, 2016-2018**  
State University of New York Buffalo State College | Buffalo, NY

**Lead Author, Buffalo State Cares Suicide Prevention Program and Training, 2014-2017**  
State University of New York Buffalo State College | Buffalo, NY

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## **Lead Author, National Resource Parent Online Trauma Training Modules, 2015-2016**

National Child Traumatic Stress Network | University of California at Los Angeles and Duke University

## **Lead Co-Author & Instructional Designer, NYC Council of Family and Child Care Agencies Core Curriculum for Child Welfare Professionals, 2012-2014**

Edwin Miner & Associates | Buffalo, NY

## **E-learning Course Developer for Introduction to Psychology, 2011-2013**

Adapt Software | Remote

## **Lead Author, Culturally-Responsive Service Provision to Individuals with Disabilities, 2008**

Center for Rehabilitation Synergy at the University at Buffalo | Amherst, NY

## **Rape Crisis and Recovery. Spring Semester, 2002**

Tufts University | Medford, MA

## **WORK EXPERIENCE**

### **FOUNDER & PRIMARY PRINCIPAL | Thrive Community Consulting | Eden, NY | September 2022 - Present**

Established consulting firm to advance health equity and community well-being offering services such as:

- Custom curriculum development and training
- Community organizing and policy pushes
- Organizational development including executive coaching, strategic planning, board development and organizational audits

### **INSTRUCTIONAL DESIGN CONSULTANT | National Child Traumatic Stress Network | Remote | 2015 – Present**

Freelance instructional designer and consultant with several adult educational initiatives within the Network including:

- Instructional Designer for the Redesign of the NCTSN Resource Parent Trauma Curriculum, a national and internationally used curriculum for foster parent and kin caregiver training
- Co-author and lead Instructional Designer for a series of handouts on helping caregivers who support children coping with the death of a parent (2016-2021)
- Lead Author and Instructional Designer for three online training modules for the original NCTSN Resource Parent Trauma Curriculum (2015-2016)

### **EXECUTIVE DIRECTOR | Grassroots Gardens of Western New York | Buffalo, NY | 2018-2022**

Grew regional community garden organization into an accredited land trust.

- Increased revenue by 300% and staffing from 3 to 8
- Responsible for all day-to-day and annual operations including fundraising, finances, staff supervision and development, public relations and communications
- Strengthened and implemented DEI practices for board nominating, staff recruitment, and resource distribution
- Thought leader in local food systems planning

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## **SENIOR MANAGER, INSTRUCTIONAL DESIGN & DEVELOPMENT | Center for Development of Human Services at SUNY Buffalo State College | Buffalo, NY | 2016-2018**

Led team of 13 that creatives in the development of professional workforce training programs on behalf of the Office of Children and Family Services Child Welfare Training System.

- Managed the redesign process for several OCFS curricula including the Child Protective Response Training, the Common Core Training, and the Foster Care and Adoption Statewide Training including all pre-classroom, online modules through synchronous classroom training modules and post-classroom on-the-job training
- Supervised team of production specialists and collaborated closely with Evaluation and Training units as well as researchers on campus
- Built relationships with key stakeholders including NYS and NYC government officials
- Conducted binational research on the impact of motherhood on workers' decision-making

## **EDUCATIONAL SPECIALIST/SENIOR EDUCATIONAL SPECIALIST | Center for Development of Human Services at SUNY Buffalo State College | Buffalo, NY | 2003-2016**

Developed numerous New York State child welfare training products.

- Led needs assessment process with stakeholders throughout NYS child welfare workforce
- Instructional design of pre-classroom, classroom and post-classroom training products; both synchronous and asynchronous delivery methods (typical course was between 2-6 weeks in length)
- Observed pilot programs and worked with trainers to hone outcomes and delivery of program
- Co-created and designed Buffalo State College's online suicide prevention program, *Buffalo State Cares*

## **FAIR HOUSING INVESTIGATOR | Housing Opportunities Made Equal | Buffalo, NY | 2012-2013**

Fee-for-service fair housing investigator. Assessed properties for discriminatory approaches and practices and referred cases of concern to HOME's attorneys for investigation.

## **COURSE DEVELOPER | Adapt Software (now Adapt Learning) | Remote | 2011-2012**

Fee-for-service e-learning course developer for Adapt's Introduction to Psychology course that was marketed to colleges and universities throughout the US.

## **CO-FOUNDER, TRAINER & INSTRUCTIONAL DESIGNER | Prevention Educators, LLC. | Buffalo, NY | 2004-2014**

Co-founded consulting firm providing violence prevention education, social justice training and policy development.

- Trained over 10,000 youth and adults across Western New York during 10 years on topics such as bullying prevention and intervention, sexual assault response and recovery, dating violence on campus and culturally-responsive service provision
- Developed multiple curricula with the Diocese of Buffalo to train administrators and teachers on anti-bullying efforts prior to the development of the Dignity for All Students Act

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## **CHILD & ADOLESCENT SUPERVISOR** | Crisis Services of Buffalo & Erie County | Buffalo, NY | 2002-2003

Program manager for the Kids' Helpline Crisis line as well as supervising counselor for the adult crisis hotline.

- Assisted in the development of one of the country's first online chat rooms for teens in crisis
- Provided mental health crisis services for youth and adults on two 24/7 hotlines; also provided staff supervision
- Community mental health education as requested

## **FAMILY THERAPIST** | Advocates Community Counseling | Framingham, MA | 2002

Fee-for-service family therapist who provided counseling to children and parents for court-mandated family preservation or reunification services. Specialized in child trauma, domestic violence and child sexual abuse recognition and recovery.

## **DIRECTOR OF EDUCATION** | Boston Area Rape Crisis Center | Cambridge, MA | 2001-2002

Led education department for the Rape Crisis Center

- Created and delivered educational campaigns in community with a focus on school-based prevention and intervention strategies
- Supervised volunteer trainers
- Developed professional training program for volunteers
- Testified before MA legislature and Governor's Commission on Sexual Assault

## **SELECT SERVICE & ADVOCACY EXPERIENCE**

2021-2022	Public Land for Public Benefit Coalition, Lead Campaign Organizer Western New York Regional Advisory Council on Local Food Systems, JEDI Workgroup NYS Environmental Protection Fund Legislative Visits
2020-2022	Good Food Purchasing Coalition Buffalo, Policy Committee Food Action Niagara Falls, Steering Committee Niagara Falls Health Equity Task Force, Food Subcommittee
2019-2022	GGWNY Therapeutic Gardening Task Force, Lead Organizer GGWNY Gardening for All Task Force, Lead Co-Organizer Hamburg Residents Against the Asphalt Plant, Co-Lead Organizer
2016-2022	Widowed Parent Project, Founder and Lead Facilitator
2018	Search Committee for Ministerial Candidates, Unitarian Universalist Church of Hamburg
2016 - 2018	Religious Education Instructor, Unitarian Universalist Church of Hamburg
2016- 2021	National Child Traumatic Stress Network's Bereavement Working Group
2014-2016	Western New York SUDEP Awareness Group, Legislative Advocate
2013-2018	Western New York Community Leader for Change, Breast Cancer Action

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2012-2014	Erie County Suicide Prevention Coalition Member
2012-2013	Eden Co-Op Nursery School, Board of Directors, Secretary
2006 - 2013	Sidelines High Risk Pregnancy Network, Volunteer Peer Support Counselor
2006-2008	YWCA Racial Justice Committee Member

## SELECT PUBLICATIONS & PRESENTATIONS

### **Manuscript in Progress:**

**Koncikowski, J.** (2022). Shipwrecked: A Widowed Parent's Guide to Surviving the Storm (Unpublished Manuscript)

### **Publications:**

**Koncikowski, J.,** and Capozziello, N. (2021). Therapeutic gardening: a community-led, community-wide approach. *Acta Horticulturae* 1330.

Cross-Bear, S., Foreman, C., Harrington-LoMoire, J., Kaplow, J., **Koncikowski, J.,** Lannie, D., and Sandler, I. (2020). The Power of Parenting During the COVID19 Pandemic: Mourning the Death of a Loved One. National Child Traumatic Stress Network. Available online: [https://www.nctsn.org/sites/default/files/resources/fact-sheet/power\\_of\\_parenting\\_during\\_the\\_covid\\_19\\_pandemic\\_mourning\\_the\\_death\\_of\\_a\\_loved\\_one.pdf](https://www.nctsn.org/sites/default/files/resources/fact-sheet/power_of_parenting_during_the_covid_19_pandemic_mourning_the_death_of_a_loved_one.pdf)

Cross-Bear, S., Foreman, C., Harrington-LoMoire, J., Kaplow, J., **Koncikowski, J.,** Lannie, D., and Sandler, I. (2020). The Power of Parenting During the COVID19 Pandemic: Helping Children Cope with the Impending Death of a Loved One. National Child Traumatic Stress Network. Available online: [https://www.nctsn.org/sites/default/files/resources/fact-sheet/power\\_of\\_parenting\\_during\\_the\\_covid\\_19\\_pandemic\\_helping\\_children\\_cope\\_with\\_the\\_impending\\_death\\_of\\_a\\_loved\\_one.pdf](https://www.nctsn.org/sites/default/files/resources/fact-sheet/power_of_parenting_during_the_covid_19_pandemic_helping_children_cope_with_the_impending_death_of_a_loved_one.pdf)

Cross-Bear, S., Foreman, C., Harrington-LoMoire, J., Kaplow, J., **Koncikowski, J.,** Lannie, D., and Sandler, I. (2018). The Power of Parenting During the COVID19 Pandemic: Addressing Fears and Feelings From Prior Losses. Available online: [https://www.nctsn.org/sites/default/files/resources/fact-sheet/power\\_of\\_parenting\\_during\\_the\\_covid\\_19\\_pandemic\\_addressing\\_fears\\_and\\_feelings\\_from\\_prior\\_losses.pdf](https://www.nctsn.org/sites/default/files/resources/fact-sheet/power_of_parenting_during_the_covid_19_pandemic_addressing_fears_and_feelings_from_prior_losses.pdf)

Cross-Bear, S., Foreman, C., Harrington-LoMoire, J., Kaplow, J., **Koncikowski, J.,** Lannie, D., and Sandler, I. (2018). The Power of Parenting: How to Help Your Child After the Death of a Sibling from Substance Use or Overdose. National Child Traumatic Stress Network. Available online: <https://www.nctsn.org/resource/the-power-of-parenting-how-to-help-your-child-after-the-death-of-a-sibling-from-substance-use-or-overdose>

Cross-Bear, S., Foreman, C., Harrington-LoMoire, J., Kaplow, J., **Koncikowski, J.,** Lannie, D., and Sandler, I. (2018). The Power of Parenting: How to Help Your Child After a Parent or Caregiver Dies. National Child Traumatic Stress Network. Available online: <https://www.nctsn.org/resources/power-of-parenting-how-to-help-your-child-after-a-parent-or-caregiver-dies>

Nikischer, A. and **Koncikowski, J.** (2016). Working Together to Train Child Welfare Workers on the Impact of Domestic Violence on Children: A Faculty-Staff Collaborative Research Project. *Conference Proceedings from the Adult Education Research Conference*. New Prairie Press.

**Koncikowski, J.** (2016) I Used to Walk for The Cure. Now I Work for Environmental Justice. *BITCH Media*. Available online: <https://www.bitchmedia.org/article/i-used-walk-cure-now-i-work-environmental-justice>

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**Koncikowski, J.** and Chambers, K.N. (2015). *The Personal is Professional: Caseworker-Mothers' Experience in Child Welfare*. *Affilia: The Journal of Women in Social Work*. SAGE Publications.

**Koncikowski, J.** (2011). It Doesn't Get More Local Than This. *The Wise Mom Magazine*.

**Koncikowski, J.** (2008). Battleground: Women, Gender, and Sexuality. Amy Lind and Stephanie Brzuzy (eds). *Beauty Pageants*, (pp. 29-31). Greenwood Publishing Group.

**Koncikowski, J.** (2008). *The Safe Schools Program: Teacher/Administrator Resource Guides*. Resource guide on school safety developed under contract for the Diocese of Buffalo Catholic Education Department.

**Reichmuth, J.** (2002). Sexual Harassment in Academia. *Women in Higher Education: An Encyclopedia*. Ana M. Martinez Alemen et. al. (Eds). Boston College Press, Boston, MA.

**Reichmuth, J.** (2001). Bridging the Gap: Personal-Political Education in Battered Women's Shelters. Book review for *Transformations: A Feminist Pedagogical Journal*, Vol. XII, No.1, Spring 2001.

## **Presentations:**

**Koncikowski, J.** and Capozziello, N. (October 2021). Therapeutic gardening: a community-led, community wide approach. International People and Plants Conference. Virtual.

**Koncikowski, J.**, (October 2021) Community Partnerships within the Food as Medicine Movement. Buffalo Niagara Medical Campus Food as Medicine Conference. Buffalo, NY.

Greenberg, J., Helphand, B., and **Koncikowski, J.** (October 2021). Urban Land Trusts, Shared Stewardship and Community Resilience. Rally 2021: The National Land Conservation Conference. Virtual.

**Koncikowski, J.** (July 2021). How Gardens Help Us Heal. University at Buffalo Alumni Association. Buffalo, NY.

**Koncikowski, J.** and Wells, G. (March 2021). BIPOC-led Neighborhood Initiatives and Support from Community Partners: A Case Study of Buffalo Freedom Gardens. University at California, Berkeley, Agroecology Conference. Virtual.

**Koncikowski, J.** (March 2021, March 2020). They That Sow in Tears: The Healing Power of Gardening. University at Buffalo, School of Social Work, Guest Lecturer for Grief and Bereavement Course with Dr. Deborah Waldrop.

Lyons, J., Kellogg, S., Koenick, L., and **Koncikowski, J.** (August 2020). Urban Agriculture in Upstate NY: Addressing Educational Inequalities and Community Engagement. Cornell University

**Koncikowski, J.** (December 2019). Supporting Food Security through Urban Gardening. Cornell University – Buffalo Extension Site. Buffalo, NY.

**Koncikowski, J.** (November 2019). Surviving the Storm: The Power of Resilient Parenting. Camp Widow Conference. Toronto, Ontario.

**Koncikowski, J.** (October 2019). Preventing Cancer Through Protest. Sermon for the Unitarian Universalist Church of Hamburg. Hamburg, NY.

**Koncikowski, J.** (October 2019). Advocacy and Social Justice. Trocaire College; two-part invited guest lecture for faculty and students. Buffalo, NY.

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**Koncikowski, J.** (May 2019). Gardening Communities. Population Health Collaborative Webinar. Buffalo, NY.

**Koncikowski, J.** (January 2019). On Any Given Day, You Can Begin Again. Sermon for the Unitarian Universalist Church of Hamburg. Hamburg, NY.

**Koncikowski, J.** (November 2017). Standing in Your Story. Camp Widow Conference. Toronto, Ontario.

**Koncikowski, J.** (June 2016). Working Together to Train Child Welfare Workers on the Impact of Domestic Violence on Children: A Faculty-Staff Collaborative Research Project. Adult Education Research Conference. Charlotte, North Carolina.

**Reichmuth, J.** (July 2002). Testimony regarding the need for statewide anti-rape education on college campuses provided to the Massachusetts Governor's Commission on Sexual Assault.

**Reichmuth, J.** (December 2001). Post-Traumatic Stress Disorder & Sexual Assault Survivors. National PTSD Conference. Boston, MA.

**Reichmuth, J.** (April 2001). Sexual Harassment and Gender Role Transitions. Third International Conference on Gender and Education. Kings College, London, England.